

KUNDALINI YOGA WORKSHOPS

at Dartmoor Reach Alpaca and Glamping Farm | Nr Bovey Tracey



with Sarah Gilbert



INFORMATION



FOLLOW



ACCREDITATIONS



JANUARY INTENTION SETTING

Sunday 11th January 2026 | 2-4pm | £25

LOVE DIVINE WORKSHOP

Sunday 15th February 2026 | 2-4pm | £25

SETTLING INTO SPRING WORKSHOP

Sunday 15th March 2026 | 2-4pm | £25

APRIL AWARENESS WORKSHOP

Sunday 19th April 2026 | 2-4pm | £25

MAY MINDFUL LIVING WORKSHOP

Sunday 17th May 2026 | 2-4pm | £25

JOYFUL LIVING WORKSHOP

Sunday 14th June 2026 | 2-4pm | £25

SUMMER GRATITUDE WORKSHOP

Sunday 12th July 2026 | 2-4pm | £25

PEACE WITHIN WORKSHOP

Sunday 16th August 2026 | 2-4pm | £25

AUTUMN EQUINOX GATHERING

Sunday 20th September 2026 | 2-4pm | £25

HAPPY HIBERNATION GATHERING

Sunday 18th October 2026 | 2-4pm | £25

EMBRACING THE DARKNESS AND GOING WITHIN

Sunday 22nd November 2026 | 2-4pm | £25

WINTER SOLSTICE CELEBRATION

Sunday 20th December 2026 | 2-4pm | £25



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